

SALOMON FIREARMS TRAINING, LLC

NRA FIREARM COURSES

NRA Refuse To Be A Victim (4 Hours) – \$100

RTBAV is a 4 hour course on crime prevention & personal safety program designed for the entire family, to provide citizens with information and skills that assists them in the development & implementation of their personal safety strategies. Seminar covers mental preparedness, levels of awareness, home security & defense plans, personal safety habits & skills for safe living, common characteristics & psychology of criminal predators, ways to identify & avoid potentially dangerous situations, discussing & mitigating various risks with school aged children (K – college), personal/physical/automobile/travel/workplace/technological security, security risks for senior citizens & persons with physical disabilities, domestic violence & stalking, firearms training, and personal protection devices. Remember, the first and single most important step to safety is, **REFUSING TO BE A VICTIM!!**

Prerequisites – None

<https://salomonfirearms.com/product/nra-refuse-to-be-a-victim/>

NRA Home Firearm Safety (5 Hours) – \$150

HFS is a 5 hour basic introduction & general overview of the variety of firearms that exist. Its purpose is to teach students the basic knowledge, skills, & attitude necessary for the safe handling of firearms & ammunition in the home. HFS covers NRA organization, safety rules & procedures, causes of firearm accidents, child/family safety, firearm components, loading & unloading, malfunctions, cartridge components, responsible ownership, proper storage & maintenance of firearms/ammunition, range rules/layouts/limits, and MA firearm laws. Firearms included in this training are revolvers, semi-automatic pistols, break/pump/semi action shotguns, & bolt/lever/semi/bullpup action rifles. Caliber sizes range from .22 – 7.62. **Course provides certificates to apply for LTC/FIDC.**

Prerequisites – None

<https://salomonfirearms.com/product/nra-home-firearm-safety/>

NRA Basics of Pistol Shooting (8 Hours) – \$150

BPS is an 8 hour course focused only on single/double action revolvers & semi-automatic pistols. It covers in detail, reasons to own different types of handguns, parts & operations, disassembly & reassembly, pistol cleaning, fundamentals of pistol shooting (sight alignment, sight picture, breath control, hold control, trigger control/reset, follow through), shooting one hand, scoring targets, shooting techniques & positions, stoppages & malfunctions (failure to feed, double feed, stove pipe), different types of holsters, carrying concealed, drawing/presentation of pistol, & competitive shooting programs. Caliber sizes include .22, 9mm, or 38. Special. You must pass the shooting & written exams, to receive certification. **Course provides certificates to apply for LTC/FIDC.**

Prerequisites – NRA HFS or Equivalent shooting experience

<https://salomonfirearms.com/product/nra-basics-of-pistol-shooting/>

NRA Basic Rifle Shooting (8 Hours) – \$175

BRS is an 8 hour in-depth introduction to rifles that covers in detail safety practices, different types of rifles & reasons to own each, rifle components & operations, loading & unloading, malfunctions & stoppages, cartridge components, assembly & disassembly, rifle maintenance, fundamentals of rifle shooting (sight alignment, sight picture, breath control, hold control, trigger control & reset, follow through), various shooting techniques & positions, optics, grouping & zeroing your shots, adjusting sights, and CQC. Rifles included in this training session are bolt action, lever action, semi-automatic, and bullpup action. Caliber sizes range from .22 – 7.62. You must pass the shooting & written exams, to receive NRA certification. **Course provides certificates to apply for FIDC.**

Prerequisites – None

<https://salomonfirearms.com/product/nra-basic-rifle-shooting/>

NRA Personal Protection In The Home (8 Hours) – \$200

PPITH is an 8 hour course for experienced shooters who have mastered basic firearm safety rules & pistol handling skills. Course teaches the safe & efficient use of handguns in protection of self/family, and provides legal information on citizens' rights to self-defense (Castle Doctrine vs. Duty to Retreat). PPITH discusses responsible & ethical use of deadly force when facing imminent life threatening situations, mental/emotional preparation & self-awareness, training for stress & realistic physical encounters, never give up mindset, cover & concealment, responding to & confronting a violent intruder/assailant, emotional/legal aftermath, strategies for home safety, defensive shooting skills & accuracy, psychological reactions (fight, flight, freeze, posture, submit), physiological reactions (loss of fine motor skills, tunnel vision, auditory exclusion, time dilation, adrenaline rush). Students shoot 100 rounds.

Prerequisites – NRA BPS

salomonfirearms.com/product/nra-basic-personal-protection-in-the-home/

NRA Personal Protection Outside The Home (14 Hours) – \$250

PPOTH is a 14 hour course for shooters who possess defensive pistol skills. PPOTH informs citizens on the safe, responsible, & ethical use of a concealed handgun for self-defense outside, in protection of self/family/friend/stranger. Course provides in-depth legal information on the lawful use of deadly force when facing imminent life-threatening situations, and exercising mature & legal judgement (Stand Your Ground vs. Duty To Retreat). PPOTH teaches avoiding dangerous confrontations, mental preparation & levels of awareness, hard vs. soft target, principles of carrying concealed (concealment, access, retention, comfort), different types of holsters/purses/vests/jackets & their levels of retention, pros/cons of holsters & their positioning, techniques for controlling & responding to a perilous encounter outside the home, holding a violent attacker at gun point, what to do if you must shoot, emotional/legal aftermath of a defensive shooting (civil vs. criminal vs. social consequences). Students drill advanced shooting techniques/skills of, safely drawing/presenting a loaded concealed handgun & reholstering, speed & tactical reloading, clearing stoppages & malfunctions, shooting from standing/kneeling/squatting positions, engaging 2 targets, shooting strong hand only, point shooting, shooting from the hip, shooting behind or moving to low/high barricades, turning left/right 90/180 degrees to target & shooting, shooting moving forward/rearward, & shooting under low light conditions. Students shoot 215 rounds.

Prerequisites – NRA PPITH

salomonfirearms.com/product/nra-basics-of-personal-protection-outside-the-home/

NRA Basic Shotgun Shooting (10 Hours) – \$175

BSS is a 10 hour comprehensive overview of the variety of shotguns that exist, teaching the knowledge, skills, & attitude necessary for safe & proper use of shotguns. Students learn rules & procedures for safe gun handling, shotgun parts & operations, loading & unloading, stoppages & malfunctions, assembly & disassembly, shotshell components, shot size (birdshot, buckshot, slug), gauge & length, gun cleaning, shooting fundamentals (stance, form, hold point, mount, see target, swing, pull trigger, follow through), choke tubes (full, modified, improved cylinder), shot patterns, patterning a shotgun, range rules & layouts, range commands, trap & skeet course of fire, shooting moving/straight away/angled targets. Shotguns included in this training are hinge, pump, & semi-automatic action. You must pass the shooting & written exams, to receive NRA certification. **Course provides certificates to apply for FIDC.**

Prerequisites – None

<https://salomonfirearms.com/product/nra-basic-shotgun-shooting/>

NRA Range Safety Officer (9 Hours) – \$175

RSO is a 9 hour course for experienced shooters who want to become a firearms instructor, work at a range/gun store/club, or manage shooting sport events. RSO candidates will develop the knowledge, skills, and attitude essential to organizing, conducting, and supervising safe shooting activities, events, & range operations. Course covers intensely, the roles & responsibilities of an RSO, purpose of range SOPs & their content, general range safety rules, administrative rules, procedures for inspecting indoor & outdoor ranges, conducting a range safety briefing & its content, range layouts & limits, range commands, emergency procedures, command presence, leadership skills/traits, aiding shooters with firearm stoppages & malfunctions. RSO credentials are critical because often times shooters are restricted from outdoor ranges without having an RSO present. Being an RSO negates that obstacle & also serves as bargaining chips when negotiating with ranges for use of their facilities, for teaching classes. Lastly, RSO makes a great addition to your resume, highlighting your maturity, leadership, and management skills. **Competence, safety oriented mind & attitude, supplemented with deep attention to detail are the foundations of this course.**

Prerequisites – NRA HFS/BPS/BRS/BSS or Equivalent Training <https://salomonfirearms.com/product/nra-range-safety-officer/>

NRA Chief Range Safety Officer (14 Hours) – \$300

CRSO is a 14 hour course that develops the skills essential to training & supervising NRA Range Safety Officers (RSO); and teaches the creation & implementation of Standard Operating Procedures (SOP) for various facility types and grounds. CRSOs are able to teach the RSO course, certify individuals as RSOs, and assume overall responsibility for the safe handling & shooting of firearms on range property as outlined by the SOP. Course covers the roles/duties of the CRSO, elements of a good SOP, ways to limit civil & criminal liability, ensuring emergency procedures/equipment/rehearsals are in place and effective, range inspections, safety briefings, range operations, eating/smoking/drinking/hygiene guidelines, range limitations, shooting activities/events, and monitoring safety on & off the firing line. Instructor Candidates (IC) will demonstrate organizational and teaching skills via participation in practical exercises & complete a written exam. IC will receive RSO lesson plans, student packet, & PowerPoint.

Prerequisites – NRA RSO <https://salomonfirearms.com/product/nra-chief-range-safety-officer/>

SFT FIREARM COURSES

SFT Introductory Pistol Shooting (2 Hours) – Xmm – \$70

IPS is a 2 hour course for those who do not wish to attend an official classroom session before shooting, want to try out a pistol that they plan on purchasing, or have already gotten NRA certified and want to go straight to the range and shoot. IPS covers the basics of shooting a pistol, training consisting of 1 pistol of your choice, of any caliber. IPS is great for shooting just for fun with friends & family, birthday celebrations, dates, business/corporate festivities, group events, surprises, and bachelor/bachelorette parties.

Prerequisites – None <https://salomonfirearms.com/product/sft-introductory-pistol-shooting/>

SFT Introductory Rifle Shooting (2 Hours) – Xmm – \$90

IRS is a 2 hour course for those who do not wish to attend an official classroom session before shooting, want to try out a rifle that they plan on purchasing, or have already gotten NRA certified and want to go straight to the range and shoot. IRS covers the basics of shooting a rifle, training consisting of 1 rifle of your choice, of any caliber. IRS is great for shooting just for fun with friends & family, birthday celebrations, dates, business/corporate festivities, group events, surprises, and bachelor/bachelorette parties.

Prerequisites – None <https://salomonfirearms.com/product/sft-introductory-rifle-shooting/>

SABRE Red Pepper Spray (4 Hours) – \$80

SRPS is a 4 hour course part of SABRE's Personal Safety Academy/College Safety program. SRPS covers various methods to maintain your personal safety in & outside your home, levels of awareness, detecting & avoiding dangerous encounters with violent criminals, how to discourage dangerous threats, use of SABRE's pepper sprays & numerous other products developed to maximize personal safety. This is a great course for those who are not yet ready to use a firearm & want protection at a safe distance, or want to supplement their current use of force options & strategies. SRPS specifically teaches how to properly aim & deploy OC, effects of OC sprays, patterns of movement, spray types & patterns, formulations, criteria for selection, MA laws of self defense, ethical use, & proper storage. Course can be tailored specifically for the college campus lifestyle/environment where teens are especially vulnerable & face unique hazardous situations. Our world is increasingly growing volatile; don't be the next victim you see on the news. Take charge of your safety, and discover how to control & negotiate dangerous situations. "Be Smart- Be Ready- Be Safe!"

Prerequisites – None

<https://salomonfirearms.com/product/sabre-red-defense-sprays/>

SFT-Combatives (90 Minutes) – \$40/2

SFT-Combatives is our hand to hand combat program inspired by the Army's own MACP program, developed from extensive experience on the modern day battlefield. SFT-C bridges together mixed martial arts training, firearms training, pepper spray training, & military CQC tactics. It's a unique program that consists of realistic training designed simply for survival, weaving together disciplines that are usually studied & mastered separately. Relative to MMA, SFT-C incorporates various martial arts concentrations, controlling the distance in a fight, weapon retention/presentation, ground grappling, engaging multiple attackers, knife fighting, calisthenics, & outdoor exercises. By fusing elements of different fighting styles, SFT-C molds the ultimate warrior. Our program is rich in military heritage, and its ultimate purpose is to instill the courage & willingness to close the distance with the enemy. So if you are serious about enhancing your life through growth on & off the mats, willing to challenge yourself physically, mentally, & emotionally; our program is right for you. (Price per session NOT person, 2 people can split the cost of \$40)

Prerequisites – High level of motivation!

<https://salomonfirearms.com/product/sft-combatives/>

SFT Firearms Maintenance (2 Hours) – \$100

FM is a 2 hour course that educates shooters in detail on how to properly clean & maintain their inventory of firearms. Firearms are only as useful, reliable, and functional, as the hours put in their upkeep and maintenance. FM trains to a military standard, covering required materials, cleaning procedures, pros and cons of different cleaning methods & cleaning kits, proper lubrication, and inspection. Students can bring their own firearms from home, or may select from our large inventory.

Prerequisites – NRA HFS or Equivalent Training

<https://salomonfirearms.com/product/sft-firearms-maintenance/>

SFT Intermediate Pistol Shooting (2 Hours) – .40↓ – \$100

INPS is a 2 hour course for shooters advancing from basic skills & are getting consistent shot groups. INPS focuses on compacting the student's shot group & delves deeper into the fundamentals of pistol shooting. Students experience various makes, models, & feel of different handguns, where they can figure out their preferences. INPS unlocks all 9mm caliber pistols and below for the shooting session. If in a group, only 1 student needs to purchase this course to provide access of firearms to the rest of the group.

Prerequisites – SFT IPS or Equivalent Training

<https://salomonfirearms.com/product/sft-intermediate-pistol-shooting/>

SFT Intermediate Rifle Shooting (2 Hours) – 5.56↓ – \$120

INRS is a 2 hour course for shooters advancing from basic skills & are getting consistent shot groups. INRS focuses on compacting the student's shot group & delves deeper into the fundamentals of shooting a rifle. Students experience various makes, models, and feel of different rifles, where they can figure out their preferences. INRS unlocks all 5.56 caliber rifles and below for the shooting session. If in a group, only 1 shooter needs to purchase this course to provide access of firearms to the rest of the group.

Prerequisites – SFT IRS or Equivalent Training

<https://salomonfirearms.com/product/sft-intermediate-rifle-shooting/>

SFT Advanced Pistol Shooting (3 Hours) – .45↓ w/Scopes – \$130

APS is a 3 hour course for students who shoot consistent shot groups center mass of their target, and begin to operate at a high level of skill. APS challenges them by increasing the distance of their targets, and introducing them to optics on handguns. APS progresses into higher caliber pistols, and students practice shooting both strong hand & off hand. APS unlocks all .45 caliber pistols and below.

Prerequisites – SFT INPS or Equivalent Training

<https://salomonfirearms.com/product/sft-advanced-pistol-shooting/>

SFT Advanced Rifle Shooting (3 Hours) – 7.62↓ w/Scopes – \$150

ARS is a 3 hour course for students who shoot consistent shot groups center mass of their target, and begin to operate at a high level of skill. APS challenges them by increasing the distance of their targets, and introducing them to optics on rifles. ARS progresses into higher caliber rifles, and students practice shooting both strong hand & off hand. APS unlocks all 7.62 caliber rifles and below.

Prerequisites – SFT INRS or Equivalent Training

<https://salomonfirearms.com/product/sft-advanced-rifle-shooting/>

SFT Expert Pistol Shooting (3 Hours) – .500/.50AE↓ w/Scopes – \$150

EPS is a 3 hour course for shooters who excel at this craft. EPS focuses on precision shooting at a variety of targets, and shooting from the standing, kneeling, and prone position. Students will also practice shooting at various rates of fire, to simulate different circumstances in combat. Students cycle through various advanced pistols, optics, & accessories; familiarizing them with military grade equipment being used in real life conflicts across the globe, proven on the battle field. Student must bring at least 200 rounds or purchase some from SFT, to get full value of the course. EPS unlocks all .500/.50AE caliber pistols and below.

Prerequisites – SFT APS or Equivalent Training

<https://salomonfirearms.com/product/sft-expert-pistol-shooting/>

SFT Expert Rifle Shooting (3 Hours) – .50BMG↓ w/Scopes – \$175

ERS is a 3 hour course for shooters who excel at this craft. ERS focuses on precision shooting at a variety of targets, and shooting from the standing, kneeling, and prone position. Students will also practice shooting at various rates of fire, to simulate different circumstances in combat. Students cycle through various advanced rifles, optics, & accessories; familiarizing them with military grade equipment being used in real life conflicts across the globe, proven on the battle field. Student must bring at least 200 rounds or purchase some from SFT, to get full value of the course. ERS unlocks all .50BMG caliber rifles and below.

Prerequisites – SFT ARS or Equivalent Training

<https://salomonfirearms.com/product/sft-expert-rifle-shooting/>

SFT Sniper Shooting (4 Hours) – .338LM/.50BMG↓ – \$250

Coming Soon...

Prerequisites – SFT ERS or Equivalent Training

<https://salomonfirearms.com/product/sft-sniper-shooting/>

SFT Fitness (90 Minutes) – \$40/2

Our Physical Fitness program is unique, we don't partake in the typical inside the gym boring routine. Our program is inspired by military doctrine and strictly based on calisthenics, outdoor activities, sports, & self defense exercises. We do not "pick things up & put them down". We focus on exploring & interacting with the world around us. Our training philosophy is that living a healthy lifestyle & staying in shape, shouldn't be a chore; It should be a way of life. Fun & physically challenging moments to be shared with your friends & family, creating lasting memories. So instead of using that stationary machine at the gym, come join us on our mats & outside. Join us in biking through the city, an arboretum, or a mountain path. Join us in rollerblading by the beach or lake. Come play basketball, football, soccer, or anything else you want with us. That's the difference between us, & the gym membership you never use past your new year's resolution phase. Our workouts entail stretching, warm ups, push ups, pull ups, sit ups, dips, running (2/5/10/20 mile runs), sprints, jump roping, biking, roller blading, etc. Anything & everything, but boring! Give up starving yourself & horrible diets, diet pills, weight loss patches/wraps, nasty meal replacement shakes, ideas of dangerous surgeries, etc. (Deep down, we both know they don't work). There are no shortcuts, no easy paths to our physical fitness. Only hard work, teamwork, determination, motivation, & vigilance will get us through our challenges & to our goals. Many hands & many hearts, make light work. So if you are serious about changing your lifestyle being all around fit, challenging yourself physically, mentally, emotionally, & spiritually; our program is right for you. **Price per session NOT person, 2 people can split the cost of \$40**

Prerequisites – High level of motivation!

salomonfirearms.com/product/sft-fitness/

SFT TACTICAL COURSES

SFT Violent Home Invasion Defense (6 Hours) – \$200

VHID is a 6 hour tactical course conducted in your own home that teaches you the knowledge, skills, & attitude necessary to protect your family, and survive a violent home invasion. Hundreds of thousands of citizens each year are brutally killed, raped, beaten, robbed, burglarized, and victimized in their own home; a place where they & their family are suppose to be safe. VHID is designed specifically to combat & overcome these vicious threats. VHID consists of Close Quarters Combat (CQC) tactics & SFT-Combatives. Specifically, VHID covers order of priorities, securing your family, properly clearing your home, family movements/techniques/formations/tactics, cover & concealment, maintaining element of surprise, setting up a defensive position, using your immediate environment & overall terrain of the area to your advantage, shoot don't shoot scenarios, operating in low or no light conditions, and emergency medical care. SFT plays the role of an Opposing Force (OPFOR) that invades your home, then the roles are reversed, to give you the most realistic experience and insight to protecting your home & loved ones. Students can use their own firearms or can select from our large inventory, but this is NOT a live fire course.

Prerequisites – NRA PPOTH or Equivalent Training

<https://salomonfirearms.com/product/sft-violent-home-invasion-defense/>

SABRE Red LE Pepper Spray (8 Hours) – \$200

SLEPS is a 8 hour course that educates Military, Law Enforcement, and Security Personnel legally authorized to use force, how to properly & effectively store, handle, deploy, and document the use of SABRE RED's Intermediate Aerosol Weapons. Specifically, it covers in detail the history, purpose, composition of raw Oleoresin Capsicum (OC), production, effects on the human body, wide range of different aerosol formulations, carriers, projectors, propellants, spray types, patterns, and delivery systems. Course discusses the criteria for selection, transporting, holstering/placement, aiming, hydraulic needle effect, deployment techniques, patterns of movement, public safety, ethical use, when to use OC/situational requirements, possible medical issues & legal liability factors, decontamination/first- aid, intergraded use of force options, compatibility with other intermediate weapons such as an electro muscular incapacitation device (TASER), reporting use of force, how to protect your department/agency from costly litigation issues arising from the use of aerosol projectors, sample policy & procedures, training with inert products, contamination drills, officer contamination survival tactics, & equipment security techniques . ****Student MUST participate in live contamination exercise to receive certificate.****

Prerequisites – Military, Law Enforcement, Corrections, & Security salomonfirearms.com/product/sabre-red-le-aerosol-projectors/

SFT Defensive Tactics (8 Hours) – \$175 [Baton & Handcuffs]

DT is an 8 hour course tailored for Military, Law Enforcement, and Security Personnel legally authorized in the use of force. DT covers required equipment for duty belt, proper assembly of duty belt, components of equipment, placement of equipment on duty belt, equipment maintenance, proper usage & safety procedures of baton & handcuffs, proper stances, patterns of movement, and MA laws regulating security equipment. DT specifically emphasizes in detail the use of force continuum, concepts, knowledge of, and competency in proper uses of expandable batons & handcuffs. DT teaches the basics of self-defense and how to properly, effectively, and efficiently use the tools & resources available to Security Personnel.

Prerequisites – NRA HFS. Military, Law Enforcement, or Security <https://salomonfirearms.com/product/sft-defensive-tactics/>

SFT Tactical Shooting (8 Hours) – \$300 – Xmm w/Scopes & Combatives

TS is an 8 hour military grade course that consists of CQC tactics & Combatives, in a live fire shoot house. TS covers how to properly clear a building, team movements/techniques/formations, cover & concealment, element of surprise, force on force, use of chemical munitions & distraction devices, radio communications & proper etiquette, ambushing & pushing through an ambush, tactically using a vehicle in combat, shoot don't shoot scenarios, setting up a defensive position, emergency medical care, and operating in low or no light conditions. Student must bring at least 300 rounds or purchase some from SFT, to get full value of the course. Students can bring their own firearms from home, or may select from our large inventory.

Prerequisites – NRA PPOTH, NRA BRS or Equivalent Training <https://salomonfirearms.com/product/sft-tactical-shooting/>